

Central Ohio Area Service Committee Meeting Minutes
19 October, 2025

NOTE: Please have new Group Service Representatives arrive at least 15 minutes early for a brief New GSR Orientation from Outreach

Meeting called to order at 2:00 P.M.

Serenity Prayer recited

Service Prayer read

The Twelve Traditions of Narcotics Anonymous read

The Twelve Concepts for NA Service read

BACK TO GROUPS:

- Motions
 - 2025-06
- Nominations for open ASC positions:
 - Responsibilities described in the [area policy manual](#)
 - Open positions at the area level include:
 - Vice Secretary
 - Vice Treasurer
 - RCM
 - Alternate RCM
 - Outreach Chair
 - Office Chair
 - Archives Chair
 - WSR Chair
 - Addithon Chair- Jean M
- Nominations for open Ohio Region positions:
 - NONE
- Action items
 - H&I needs support, see full report for additional details or attend an H&I subcommittee meeting
 - Survey from [NAWS](#)
 - Interim [WSC](#)

Roll Call:

As reported on the [sign-in form](#) (so please be sure that you are signing in with complete information; this is especially important for GSRs/Alt GSRs so that your group maintains their active status and can vote):

Harley D.	Gsr Never Alone Never Again
Bryant C	AGSR for Together We Can
Chris m	Alternate GSR Heart to heart mtg
CherylH	Vice chair of the convention
Wanda W	GSR U GROW GIRL
Jennifer S	GSR out in recovery & area treasurer
Lora A	Alt. GSR Hope Is Found Here
Jean M	Alternate GSR We Came To Believe
Monty S	GSR Serenity
Renee M	GSR just for today
Byron B	GSR High Hopes
Jennie S	H&I
Helena D	GSR I can't we can
Harold P	GSR Saturday Night Live
Katherine M	
Donnetta W	GSR Free at Last
Gregory	GSR Guiding Principles
Deborah	Gst gjf

Also present were: Wendy A, Tracey (GSR-Alive and Free), Miss Gail, Ben L (convention), Elizabeth E (GSR-Surrender/Survive), Chris H (GSR- Spiritual not Religious), James G (chair), Lis R (secretary), Megan P, Sophia, Bobby, Tracy (GSR- Silver Linings)

There were a total of **30** individuals in attendance, and **17** groups represented. Please remember to use the [sign-in form](#) to mark your attendance at the meeting, including the group you represent (for GSRs). To vote, a group needs to have had a GSR present at two of the last three Area Service Committee meetings.

Minutes approved:

September minutes approved

[New Group Recognition:](#)

- New Group recognition: Alive and Free (**FAIL** yes 7:no 7:abstain 2)

[New Group Service Representative\(s\):](#)

- New GSR recognition: **NONE**

Brief financial assessment from Treasurer:

Unfinished Business:

- Motion 2025:07- **PASS** (yes 17:no 0:abstain 0)
 - Ad Hoc committee: Jennifer S (treasurer), Donetta (Outreach chair), Megan, Wendy A (concerned member), Lis R (Secretary)

Agenda Business:

- Budgets and Check Requests:
 - PR- \$159 (**PASS** yes 13: no 0: abstain 0)
- Elections:
 - **NONE**
- Motions
 - **NONE**

Group Reports:

The meeting information is on the [COANA](#) website. Due to the limitations of our meeting space and policy stating that only prepared reports be included in the minutes, oral reports will not be included here. GSRs can submit written reports ahead of time ASC at [this link](#).

Please email any questions about the accuracy of meeting information or revisions needed due to closing or changes to a meeting to PR at coascna@gmail.com.

Administrative Reports:

Chair Report: (James G)

Oct Chairperson Report

Good afternoon, everyone, thank you for living up to your commitment to COANA and being here on this rainy grey day. Our next ASC will be November 16th@ 2pm as this location. The bank balance is currently \$2,671.31

I want to remind our area as of this moment we do not have any events scheduled for Thanksgiving or Christmas. My apologies to the convention committee for not showing support at the bowling party yesterday, Life got sideways yesterday. I want to remind GSRs that we are still need of convention registrations for the Jan 2026 convention.

The PR subcommittee is raised about 60% of their 2,000-fundraiser money. Let's help the PR subcommittee be self-supportive and get them to the 2k goal. Thank you again for showing up today and Mark R in Arizona wanted me to remind everyone he is still handling the Archive.

In loving service , James

Vice Chair (Corey G)

Hello,

Thank you for being here today and for being of service to our area. The past month has flown by quickly. Our Area's participation has grown over the past year, in regard to ASC meetings, GSRs, new meetings, and more. At least from what I have observed. I am thankful to be a part of this Area and to be a member of this phenomenal fellowship. With service

in mind, I ask that everyone please encourage (through attraction) other members to be of service, especially to our Area. This can be showing up to ASC to gain insight, participate in discussions, join an AdHoc committee, meet new people from our Area/Meetings they have never met before, and more. I truly hope that our Area is able to continue to grow, in unity, and reach the lives of the still suffering addict and build the connection that our fellowship has to offer.

Thank you for allowing me to be of service,

Corey G.

Treasurer: (Jennifer S)

3 ways to donate to area

1. Write a check or money order payable to COASCNA, bring it to the area meeting, and hand it to the treasurer. Put the name of the group donating in the notes
 2. Write a check or money order payable to COASCNA and take it to the area office anytime they are open. Put the name of the group donating in the notes
 3. Send money through paypal to the account coascna.treasurer@gmail.com. Put "donation to area from" and the name of the group in the notes
- A note about checks and money orders
- All the writing on the check or money order needs to be done with the same pen.
 - Make sure the check is written out to COASCNA.
 - Do not scribble out mistakes. If you absolutely have to make a change, put a single line through it and put your initials but please try to avoid that.

Bank Balance		\$5,642.26
Outstanding Checks	ORSCNA	\$177.00
	Office Rent Nov	\$300.00
	ASC Rent	\$60.00
	ORSCNA	\$139.40
Subtotal		\$4,965.86
Less	H&I money	\$1,094.55
	Prudent Reserve	\$1,200.00
Available Balance		\$2,671.31
Last Months Balance		\$4,932.64
Donations	Group Donations	\$697.00
	Unity Day	\$259.00
Money Paid	ORSCNA	\$139.40
	Office internet & phone	\$116.79
	Office Rent Oct	\$300.00
	Paypal Fees	\$6.59
	ASC rent	\$60.00
	Office rent Nov	\$300.00

Subtotal		\$4,965.86
Less	H&I money	\$1,094.55
	Prudent Reserve	\$1,200.00
Available Balance		\$2,671.31

Secretary: (Lis R)

Hey, y'all!

I missed ya while I was working in NYC for September's meeting! Thanks again to Corey G for taking notes and getting me the attendance info when I got home. Just as a quick reminder, all forms are available on the Forms Library, which can be found [at this link](#). That means that you can submit any reports, sign in, or nominate folks to empty positions at any time, including from the comfort of your own recliner. The Forms Library also has links to all of the [tutorial videos](#) in case you need some help and are too shy to reach out to Lis R at 419-231-2204 and ask for a one-on-one chat.

As a note of progress, we were down to only three bounced emails from September, and reached an all-time high of a 32% open rate for minutes. Kudos, and thank you! I'm grateful to get to learn and grow alongside all of you.

Regional Committee Member: (Lynette C-D)

Dear family ,

Apologies for my absence I had a conflict that couldn't be avoided today. Not much to report the regional meeting was last weekend so when the minutes are received, they will be distributed. I do have receipts for the area donations including the reimbursement to the region. I will send them to the treasurer. Please continue to spread the word that we need an RCM Alternate. That's all for now. Thank you.

ILS,

Lynette CD

RCM donation

Regional Committee Member Alternate (OPEN)

NONE

Subcommittee Reports:

Convention Committee: (Ben L)

COCAWA 31

10-19-25

We the Convention Committee are
ask for all members to register for
our upcoming event Jan 2,3,4
at the Marriott West We have
85 registrations 25 basist + 60 full
We have 5345.83 and a balance
due for registration, merchandise +
hotel. We have 111 rooms and need
to meet a 169 room count

Bowling event 10-18-25 was fun
and brought in \$800

B. M. J.

Convention Treasurer: ()

NONE

Area Service Office (OPEN):

Good afternoon family. We have been selling literature, answering the phoneline, connecting members to groups and resources, and providing other services to members and groups in our area. Our subcommittee meets the first Sunday of each month at 4PM via Google Meet; login details are at nacentralohio.org. Area service office hours and literature costs are also available on the website. We also continue to gather pending/wait list phone line and office volunteers. This allows us to quickly fill gaps when members complete or step away from their current volunteer shifts. Please contact Lisa G. at 614.209.3327 if interested.

The ASO sub-committee reports:

- The office will be closed Monday, Oct 13 for Columbus Day
- We will be purchasing new cabinets. The current cabinets in the office are not just old and cumbersome, but one does not lock (a liability) and one lock can be very difficult to open (cumbersome and ineffective to sell literature if we can't get to it!). We have money in our budget and no pending bills.
- We still have efforts underway to contact effected regions to inquire if they want any of their area's items we have in the blue-lid bin.
- We've received no new letters for WSR.
- NAWS has to increase literature costs starting January 1st, 2026. We are working on what our new prices will be. We will bring them to the November 2025 ASC meeting and post them online as soon as possible.
- We will also begin collecting potential meeting changes for the Thanksgiving holiday starting November 1st. Any assistance you can provide in collecting this information would be appreciated.

Here are some updated statistics and treasurer reporting for October report (September stats):

- Starting Balance: \$2,930.37
- Literature sales: \$3,496.93
- Actual amount received: \$3,496.93
- Additional receipts: \$0.00
- Expenses: \$3,774.17
- Discrepancy between sale amount and amount received: [there are sometimes differences between order total and money order amount]: \$0.00
- Square processing fees: \$43.02
- Number of sales: 41
- Treasurer workbook ending balance: \$2,653.13 [accounts for all pending deposits and checks]
- Month ending bank account balance: \$3,525.51 (from bank statement)
- Inventory: \$5,910.92 (from inventory document)
- Number of phone calls: 90 (from Breezeline call log)

If you need to reach **our service office** with any issues you may experience, please email us at cbusofficeofna@gmail.com. If you have an update to group information, please email coascna@gmail.com to have the website and downloadable PDF updated.

The following treasurer documents have been provided to our area service committee secretary:

- o September 2025 Huntington Bank Statement
- o Service Office Treasurer Workbook
- o Service Office Account Log

In loving service,
The Area Service Office Sub-Committee

Hospital and Institution (Jennie S):

ACTION ITEM: H&I needs support, see full report for additional details or attend an H&I subcommittee meeting

Good Afternoon,

The H & I subcommittee is in great need of interested members to serve on various panels within our area. We are also looking for two new panel leaders. Commitments needing assistance are as follows:

- Whitelight (panel leader) 1st and 3rd Tuesday of the month at 7PM
- Maryhaven Speaker Meeting (panel leader and member) Tuesdays 7PM
- Women's Workhouse (female only panel members) Saturdays at noon
- Dublin Springs Detox (panel members) Tuesdays 7PM
- CBCF (men only panel members) Wednesday 6:30PM
- Pickaway and Madison Corrections (men only panel members) Tuesdays 6:30PM
- Hope Valley Speaker Meeting (female panel co-lead) Fridays 7:30PM

We are also looking for those with the willingness to serve on the subcommittee as literature chair, secretary, vice secretary and vice chair. If you are interested with six months or more clean, please contact me (614-400-7975) or Klaudia S. (614-429-8826). We are also looking for those with 90 days to six months clean to observe. H&I is an amazing way to give back what was so freely given to us in Narcotics Anonymous.

Our next subcommittee meeting will be held on November 2, 2025 at 2PM at the Parson Ave Library.

Thank you for allowing me to be of service to this fellowship and amazing subcommittee.

Respectfully,
Jennie S

Newsletter (Brooke S):

NONE

Outreach (Donetta):

October has been a calm, much-needed month for us! All meetings have been going well and continue to practice the Guiding Spiritual Principles and Traditions we stand on.

Moving forward, our next "Clean Connection Event" will be held next year on Saturday, February 7, 2026. We are planning a GSR Learning Day. We would like all subcommittees to be represented, so please mark your calendar to spend a few hours with us. A light lunch will be served with lots of information on how to best fulfill the role of a GSR and the purpose of our subcommittees. We will also have a preview of our NA Calendar, ready for all to see and purchase. We are so grateful that our

Area has entrusted us with this project; we are excited about our work and showing the finished product.

As we continue to gather information for the Calendar, we are asking that every GSR complete and submit an informational form, so that your meeting may be represented in the calendar. We have the forms available for you to complete and return to one of our committee members or at the November ASC meeting. Thank you all in advance for your support and participation!

In Loving Service

Public Relations (Katherine M):

Date: 10/19/2025

Chair: Katherine M

Last Subcommittee Meeting: 10/5/2025

Next Meeting: 11/2/2025, 1 pm Parsons Library

Website Statistics:

- 5,518 views
- 2,220 visitors

Check Requests:

\$450 - Website

- Updates:
 - Quarterly Budget (submitted to secretary and printed copy)
- September/October Highlights:
 - September 22: OSU Med School Presentation (Megan P., Paul M., Sam, Cam, Chris F(Colorado Region PR Chair), Kandace V(member and director of recovery services at Indiana State Prison)
 - ODRC/OMHAS Lunch & Learn. Paul M., George Kennedy w/ ODRC, Fern (NY), Chris (Colorado), Kandace (Indiana State Prison/Director of Recovery Services and person in recovery), Robert (NorthCal) helped present. Taught staff about what is and what is not an NA meeting. Positive feedback about the Lunch and learn. Will receive survey results from attendees in the next few weeks.
 - PSA Fundraising Continued. Subcommittee members are asking members and/or homegroups to contribute to our PSA initiative. The PSAs would be on the radio(POWER 107.5, Magic 95.5, Joy 106.3) and video on digital screens in public areas (ie. hospital, bus stop). Additional 20-30x a week on bonus slots (extended to all non-profits). Once \$2,000 goal is reached, PR will hold a gratitude party. Check, cash or Venmo donations can be made. Members(Paul, Megan, Bobby, Katherine, Wendy, Kenzie) are collecting funds and using receipt books for donations. So far we have raised \$1,435. Thank you to everyone who has already made a donation.
- Upcoming events:
 - Gratitude Party: Planning for the beginning of December. At our gratitude party we will launch in person our new website for all to see!
 - PR learning workshop: Still in the planning stages. Looking to present in 2026.
- Reoccurring commitments:
 - ODRC Leadership Call (attended by PR and H&I).
 - Virtual Prison Meeting Pilot coordinated w/ ODRC 1st and 3rd Tuesdays).

- Updates on PR Ad Hoc Committees:
 - Website Improvement Ad Hoc
 - Katie S. has drafted pages. Home page complete. Service page complete. Next working on member resources/community resources pages. As mentioned, we will be having a website reveal at our Gratitude Party in December.
 - Treatment Center Relations Ad Hoc
 - Izzy S. linked Wendy A. with Bridget from Lighthouse to all for Lighthouse presentation. Not heard back from Basecamp yet - they wanted to start a meeting and their community center. Wendy went over what they would need to do to start a meeting. Not clear whether they have any active NA members that could take responsibility for the meeting. Committee agrees without well equipped NA established members a meeting would not be ideal for Basecamp Recovery Center.

Thank you for allowing me to be of service.
Katherine

Writing Steps for Recovery (OPEN):

NONE

Ad-hoc Reports:

Addithon (OPEN):

NONE

New Year's Eve (OPEN):

NONE

Unity Day (OUTREACH):

NONE

Archives (Mark R):

Good afternoon family,

I have been making some progress on the Archives. I am mostly done with 1995 and will start on 1996 soon. I have continued to put the current minutes and other files from each monthly ASC meeting out on the Google Drive. If there are any issues with accessing the Archives, please let me know – coascnaarchives@gmail.com.

Thank you for the opportunity to serve COASCNA.

In loving service,

Mark R., Archives Ad-Hoc

Audits:

NONE

OCNA FUNDRAISER (Laura P):

NONE

Nominations to Fill Open ASC Positions:

Current Open Positions:

Responsibilities described in the [area policy manual](#)

- *Vice Secretary*
- *Vice Treasurer*
- *RCM- temporarily Lynette CD*
- *RCM Alt*

Subcommittee Chairs:

- *Office*
- *Archives- temporarily Mark R*
- *WSR*

Nominations to Fill Open RSC Positions:

Current Open Positions:

-

Sharing Session:

- NOTE: The Sharing Session is, by its nature, spontaneous and organic, with no previously prepared reports or materials (and policy states that "In order to be included in the minutes, reports must be neatly written or typed and submitted to the secretary via email or at the ASC meeting. 1. Forms will be provided by the Secretary each month for reports." Actions stemming from the Sharing Session are a part of Unplanned Business. If you know prior to the ASC meeting that you would like to request the body take a particular action, you can submit an item for inclusion in the agenda by completing the [Agenda Item Request](#) form. That and all other commonly used forms can be found on the [Forms Library](#).

Unplanned Business:

-

Pre-Agenda Business:

Adjournment:

Chair Adjourned the meeting with a moment of silence followed by the serenity prayer

Next ASC meeting: <date> @ 2pm EST

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants

Administrative Committee

Chairperson	James G	614-204-3432	Jtlgreen@yahoo.com
Vice-Chairperson	Corey G	614-390-0394	coreymgreen4@gmail.com
Secretary	Lis R.	419-231-2204	COASCNASec@gmail.com
Vice-Secretary	***OPEN***		
Treasurer	Jennifer S	614-458-8130	coascna.treasurer@gmail.com
Vice-Treasurer	***OPEN***		
Regional Committee Member	Lynette C-D	614-432-0601	iamlightlcd@gmail.com
Regional Committee Member Alternate	***OPEN***		

Subcommittee Chairpersons

Area Office Chairperson	***OPEN***		
COACNA 31 Chairperson	Ben L	614-580-5128	blaceytape@aol.com
Hospitals & Institutions Chairperson	Jennie S	6144007975	jenniesheaf@yahoo.com
Newsletter Chairperson	Brooke S	614-284-1856	coascnanewsletter614@gmail.com
Outreach Chairperson	Donnetta W	614-425-4555	Dwilliams1246@gmail
Public Relations Chairperson	Katherine M	(614) 558-3784	katherine_meara@yahoo.com
Writing Steps in Recovery Chairperson	***OPEN***		
Archives	Mark R	614-270-1274	coascnaarchives@gmail.com

COASCNA Activities Calendar for 2025